

TALK TO YOUR CHILDREN

- * Explain to your children about safety....they will be much more willing to act responsibly if they understand WHY they should be careful
- * Set down rules and be firm about them...do not be afraid to discipline (taking away privileges, etc.) if your child breaks the rules
- * Spending time with your children will teach them safe practice and make them less likely to get into trouble
- * Allowing your children to learn new skills with your supervision will help to build their self esteem and will increase the bonding between you

For more information please contact:

THE CRISIS CENTRE
24-HOUR HOTLINE:

328-0922

FAX:

328-7824

Website:

www.bahamascrisiscentre.org

E-mail:

bahamascrisiscentre@yahoo.com

Child Abuse Hotline:

322-2763

IS YOUR CHILD SAFE?



CRISIS CENTRE
P O BOX EE-17910
NASSAU, BAHAMAS

24-HOUR HOTLINE: 1- 242-328-0922
Family Violence Unit: 322-49999
E-mail : bahamascrisiscentre@yahoo.com
Website: www.bahamascrisiscentre.org



SAFETY IN THE KITCHEN

- ♣ NEVER let your child use the oven without your supervision.....
- ♣ ALWAYS make sure that pot handles are turned away from the front of the stove so that your child cannot pull them down.
- ♣ MAKE sure that your child does not use the microwave unless you are present....remember some items , like eggs, can explode in a microwave
- ♣ Protect your child from getting burnt by water that is too hot
- ♣ Make sure that your child does not turn on the stove without your knowledge
- ♣ Never leave drinking glasses near the edge of the counter where your child might pull them down

SAFETY IN THE BATHROOM

- ♥ Supervise your child in the bathroom
- ♥ Make sure that the water is not too hot when bathing your child
- ♥ Do not leave a small child unattended when in the bath tub....children can drown in very little water
- ♥ Wipe up spills on the floor so that your child (or you) does not fall

SAFETY IN THE GARDEN

- ♠ The garden should be a safe place for your child to play
- ♠ NEVER allow your child to light fires in the garden or elsewhere. If you have to burn anything in the garden, ensure that your child keeps at a safe distance from the fire
- ♠ Always supervise your child when around swimming pools and ponds.....children can drown in very shallow water
- ♠ Make sure garden tools are kept in a safe place

