

4. To say I am sorry.



5. To respect nature



6. To play safely



7. To be brave



Signed.....
.....



Be A Buddy- Show You Care



The Crisis Centre
24-Hour Hotline:
328-0922
Fax: 328-7824

or
322-4999

email: bahamascrisiscentre@yahoo.com
www.bahamascrisiscentre.org

My Pledge

Making peace
must start with
me.

I pledge:

**1. To be kind
to myself and
others**



**2. To tell how
I feel**



The information on this brochure has been developed in conjunction with the Preschool Unit of the Department of Education



**3. To listen
carefully to
others**

